Kenmore Chamber of Commerce

(formerly Kenmore Board of Trade)

"BRINGING BUSINESS BACK HOME"

PRESIDENT'S MESSAGE

Greetings to All!

This year's annual Kenmore Easter Craft & Egg Hunt was another big success!

It was the 19th year to be sponsored by the Kenmore Chamber of Commerce's Events Committee, and had many of our members participating in bringing this fun event to the children in our community on Saturday March 24th. KCOC members involved included A-Z Insurance and Kenmore Komics & Games supplying candy & eggs, the Kenmore Historical Society giving away free helium-filled balloons, and Culbertson Law Offices, Reeves Cake Shop, and The Rialto Theatre supplying the volunteers to place the eggs in a grassy area at Kenmore High School. And special thanks to co-chair Karen Freeman of Letter Perfect Embroidery & Vinyl for all her work on the event!

Certainly many other groups & businesses were involved in this event, but I wanted to specifically mention those Kenmore Chamber members who contributed their time & money (this is the KCOC Newsletter, after all).

These businesses understand the importance of giving back to the community they are based in. Do you remember to show your thanks to your community by donating time or money to local events, neighborhood schools, or community churches and groups?

Thanks for listening!

John Buntin Jr, President john@kenmore-komics.com



WELCOME TO OUR NEW KCOC MEMBERS:

Big Love Network
Zach Freidhof
1111 Carey Avenue, First Floor
Akron, Ohio 44314-1975
440-668-1687
bigloveakron@gmail.com
www.biglovenetwork.us

Community AIDS Network
Rebecca K. Callahan
759 West Market Street, 1st Floor
Akron, Ohio 44303-1015
330-252-1559
info@canapi.org
www.canapi.org

Putman Properties, Inc.
Timothy J. Putman
4065 Fulton Drive NW
Canton, Ohio 44718-2817
330-498-4400
tputman@putmanproperties.com

www.putmanproperties.com

RCG Tax Partners
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4466 Darrow Road, Suite 15
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www.rcg-inc.com



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"Meet & Greet" at Financial Empowerment Center!

Kenmore Chamber of Commerce members enjoyed an informative "Meet & Greet" on Thursday April 15th at the Financial Empowerment Center, 1060 Kenmore Boulevard. Host Angela Lowery introduced United Way CEO Jim Mullen, who spoke about both the plans for the Financial Empowerment Center in Kenmore and United Way plans for Kenmore & Akron. Members also toured the newly renovated building of the Financial Empowerment Center, and won \$25 gift certificates from Lukity's Country Inn, Pierre's Brooklyn Pizza & Deli, Reeves Cake Shop, and Regina's Pizza.

There will be no scheduled "Meet & Greet" for April.

The next "Meet & Greet" will be in May at Smith's House of Carpet.

More details will be presented next month.



March KCOC "Meet & Greet"

Sleep and Nutrition Resources

Do your employees tend to hit the vending machine for a "pick me up" snack when they get tired in the afternoon? There is in fact a close relationship between not sleeping well and eating poorly. And one-third of adults report not getting the recommended amount of sleep on a regular basis, which can lead to mistakes at work, loss of interest, and lower productivity.

The Centers for Disease Control and Prevention (CDC) Workplace Health Resource Center includes resources to help you promote better nutrition and improve the sleeping habits of your employees:

<u>Sleep: An Important Health and Safety Concern at Work</u> offers strategies to help employees get the sleep they need.

<u>Nine Hacks to a Healthier Meeting or Conference</u> provides tips for healthier eating during meetings.

<u>Cause and Effect of Fatigue</u> is a short YouTube video by the National Safety Council.

The <u>Get Enough Sleep</u> module shows how sleep can help prevent or delay Type 2 diabetes.

Improvements in sleep and nutrition can make a big difference in employees' productivity. Learn more at www.anthem.com/specialty or contact your Anthem sales representative.

This information is brought to you through collaboration between the Kenmore Chamber of Commerce, NOACC and Anthem Blue Cross and Blue Shield.



KBOT FLASHBACK

10 Years Ago - April 2008

- **Scott Smith**, President
- A special lunch meeting had members celebrating the 100th Anniversary of the founding of the city of Kenmore, with Akron Mayor Don Plusquellic signing a special certificate for all.

15 Years Ago - April 2003

- Scott Smith, President
- ① No information available.

20 Years Ago - April 1998

- James Lawson, President
- ① No information available.

25 Years Ago - April 1993

- **Ed Abdula**, President
- Guest speaker for this month's luncheon was Barbara Frank of Summit County Community Action, who spoke about "World Share", an international network of locally based self-help food distribution centers.

30 Years Ago - April 1988

- ① Lee McCutchan, President
- This year's "Ladies Night" was held on April 16th at the Hilton Inn West.

35 Years Ago - April 1983

- **S** Jasper McCutchan, President
- © Secretary Lee McCutchan mailed out a personal letter to every Kenmore Board of Trade member inviting them to the May "Ladies Night" event at the Hilton Inn West.